New England Deaconess Hospital
Boston, Massachusetts

pulse

VOLUME 22 — NUMBER 10 JULY - AUGUST 1969

More Coverage -- Less Money

On August 15 the Deaconess will adopt a more comprehensive life insurance program for full-time employees. The improved program will provide increased coverage at a reduced cost to those who, at the time of enrollment, have been full-time employees for at least six months. Once enrolled, employees who reach their 65th year may retain $4,000 coverage until full-time employment ends. Under the old policy employees must have been employed a year before eligible for the program, coverage stopped after the 65th birthday, and the total cost was more.

If you are eligible to participate you must choose one of two plans each based on 2½¢ per thousand dollars. Plan A provides minimum coverage of $4,000 with a weekly payroll deduction of 10¢. Plan B offers coverage at double your annual salary (maximum $25,000). Under this plan if your yearly salary is $5,000, coverage totals $10,000 with a weekly payroll deduction of 25¢.

If you are enrolled in the old program, you must choose one of the two plans as the old program will be terminated. Now is the time for new policy holders to become enrolled at the new low cost. You are still eligible to join if you have passed your 65th birthday. If you qualify or are presently enrolled, return the card enclosed in the letter you received concerning the improved life insurance program to the Personnel Office with your choice — Plan A, Plan B, or waiver. Hurry — don't miss out on a good thing.

Profile:

DONALD SABINE

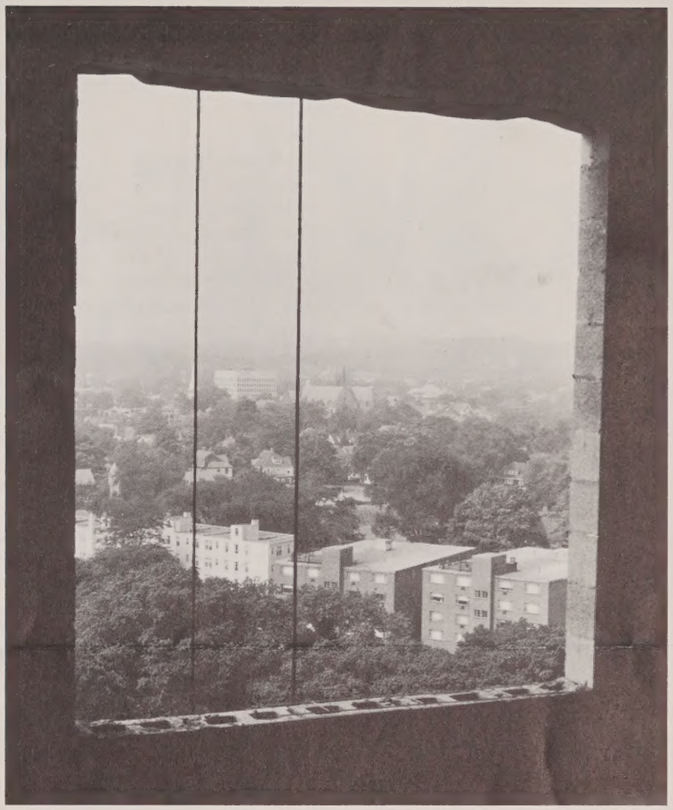
(PULSE is featuring a new series of Profiles on Department Heads. According to seniority Mr. Donald Sabine is number one on the list.)

When Mr. Donald Sabine took over as Department Head in Maintenance and Engineering in 1938, he had ten people working for him and his headquarters were on the first floor of a wooden frame cottage on the spot where the Maintenance and Engineering building now stands.

Today, after 31 years as the Department Head, Mr. Sabine's crew has increased to 47. The Deaconess has grown from two buildings — Palmer and the old Deaconess — to a complex of many buildings. And the responsibility for the maintenance and operation of the physical properties of the complex have multiplied.

Mr. Sabine started out at the Deaconess as an apprentice in 1928 when electronics was almost unknown. He graduated from Wentworth Insti-

(Continued on Page 5)



ON A CLEAR DAY patients in the Central addition, now under construction, will have a scenic view of Boston and the surrounding area. Construction crews are now laying the concrete blocks from the top floors down to protect the heating, ventilation, and air conditioning equipment that will be moved to the top floors. The men will begin laying the brickwork outside the cement blocks at the end of August. Pictured below is an aerial view of the utility tunnel under Joslin Park that will carry steam, chilled water and oxygen lines from the Harvard Power House to the Hospital.

Disposables:

BUST or BOON

Disposables may be the biggest boon to hospital economy since Blue Cross Blue Shield, but the bust may come when the only means of rubbish disposal is firing it into outer space.

Orbiting disposable bedpans may seem way out, but if the Deaconess continues to accept disposable items at its present rate, its method of rubbish disposal will have to be stepped up or altered to meet the increase.

"We are holding back on the acceptance of many disposables — as many as 200 items a month appear on the market that could affect the Deaconess — but until the disposal problem is solved we have to approach the thing moderately," explained Mr. W. Clifford Fisher, Purchasing Agent at the Deaconess.

Although the Hospital uses a multitude of disposable items from catheter kits to paper service for feeding isolation patients, a new addition to the disposable family will be on trial at the Hospital this month to test for disposal, economy, efficiency and safety. An attractive plastic aqua and beige disposable unit for patient bedside care will make a quiet entry into patient rooms throughout the Hospital, and if accepted the kit will reduce cost, labor, and noise.

The kit is divided into hardware and software and comes clinically clean and pre-bagged. The hardware unit occupies a cubic foot of space and contains a bedpan, urinal, carafe and tray, wash basin, emesis basin, nine ounce glass, soap dish, and specimen container. The software or comfort kit holds mouth wipes, soap, toilet tissue, hand wipes, body lotion, stick bag, and mouth wash. Each patient will receive his own personalized kit — never used before and discarded after one-patient use.

If put into use, the disposable unit will decrease the labor for the Housekeeping Department. Under the old system stainless steel patient bedside utensils were processed, sterilized, and returned to the floor. The equipment was bulky, heavy, and the piercing crash of a steel bedpan accidentally dropped could shatter the calm on any floor.

The plastic disposable unit weighs approximately two pounds as compared with fifteen pounds of stainless steel equipment per patient. The software and hardware together comprise slightly over one cubic foot of space.

The advantages of the disposable unit are obvious until the problems of storage must be engineered, and a schedule of trash removal planned. Under the present conditions trash is removed to a "dumpster" or crusher where it is reduced to 1/7 its original size. The dumpster holds 350 cubic yards of rubbish before it is crushed and it is emptied three times a week. To keep up with the new disposable bedside unit a tight shipping schedule must be met to handle storage, and careful planning engineered to avoid overloading the dumpster until a better method is put into use.

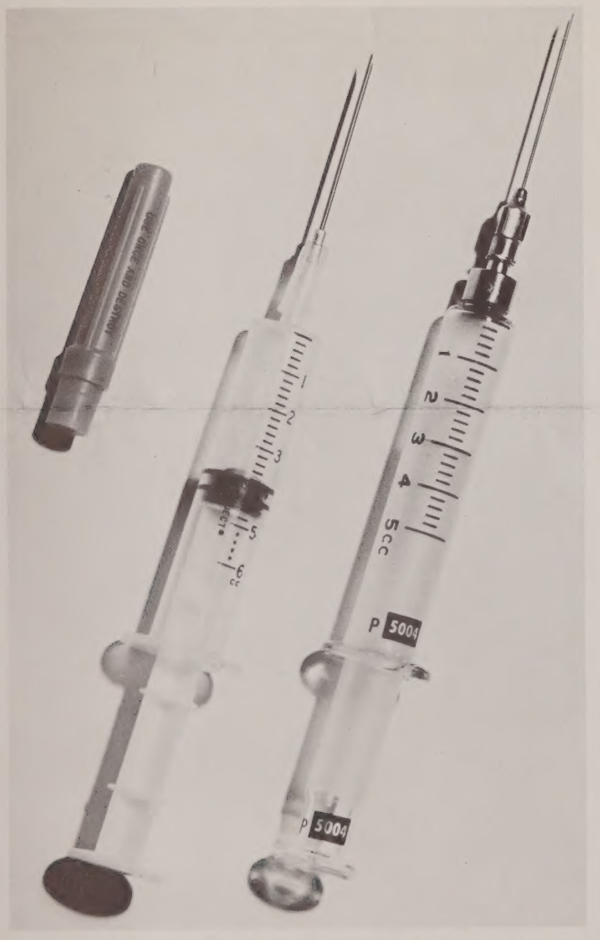
If blasting disposables into orbit won't solve the disposal problem, other methods have been effective. Incineration is the most common, but air pollution caused by dirt and dust has already been proved a health hazard. An ultra-sonic device can be adapted to the incinerator to counteract the pollution, but the expense is overwhelming. A less attractive method is grinding up the trash with water and sludging it through the sewer system out to sea. Contamination of lakes and the ocean is of major concern with this method. The Japanese have an ingenious way of compressing the rubbish into small bricks as hard as cement which can be used as building material. A new process known as an "acid bath" is being tested. The acid reduces the rubbish to water consistency and it is absorbed into the ocean with a lesser degree of contamination. Burying it in deserted mine shafts out West is another possibility, but the shortage of available land is crucial.

Although storage and disposal are serious drawbacks, disposables are here to stay. Disposable equipment made its entry into hospitals twenty years ago with the arrival of plastic intravenous feeding tubes that improved dollar economy and technique. The disposable syringe and needle joined its predecessor in 1957 at a time when cross-contamination was a threat. Immediate acceptance and mass production soon reduced prices to a third of their original cost. It did not take long for the production of pre-packaged, sterile disposable kits for a number of nursing and medical procedures. The one-time one-patient use eliminates the chance of cross-infection, and improves patient comfort.

One of the best ventures the Deaconess invested in is a disposable surgical kit containing tray covers, laparotomy sheets, towels — presterilized and pre-packaged. Syringes, needles, catheter kits, drainage tubing and bags, face cloths, tray covers, rectal tubes, surgical masks, and plastic forceps and scissors are only a few of the disposable items in use at the Deaconess.

Disposables nearing the testing stage at the Hospital include a suture kit, disposable gowns, and a thermometer with a disposable tip tied into an electronic unit that keypunches temperature, pulse, and respiration. Every item accepted for testing is reviewed by the Standardization and Evaluation Committee.

"Disposables touch every area of patient care," Mr. Fisher pointed out. From bath mats in either peacock or floral design to color coded laundry bags that completely dissolve in water at 140 degrees, disposables have made their mark in hospitals. Maybe *Mission Impossible* has the answer to the disposal problem — self-destructing disposables.



The disposable syringe and needle, left, can be purchased for about 10¢. The one-time use prevents cross-infection. The glass syringe and needle, right, are reusable, but the initial cost is approximately $1.75. Over a period of one year the disposable syringe and needle are more economical than their counterparts. Breakage, sterilization, and processing hinder the effectiveness of the reusable syringe and needle.

"Patient" Pat Hitchens, Cancer Training Unit, tries out the new disposable bedside care unit.

New England Deaconess Hospital

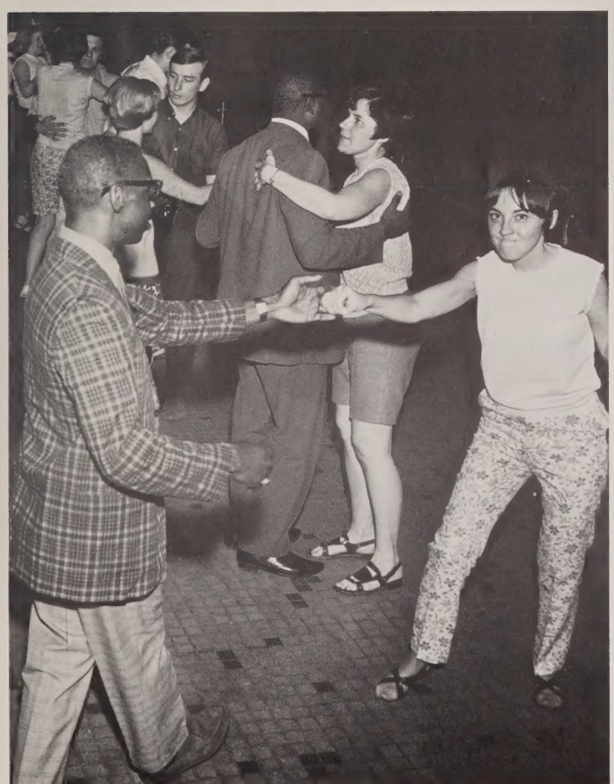
BOWLING '69

Pat Hitchens and Roger Peterson load their plates down with roast beef, seafood newburg, turkey, potato salad and tossed salad.

This year's Bowling Banquet held all the aura of Oscar Night with Bob Hope presiding. Except for the white cut-offs and striped shirt, our Roger Peterson emceed the award presentation with typical Hope wit. Assisting him with the trophies was Pat Hitchens, who added a little pizazz to the evening.

Held in the Cascade Room of the Sidney Hill Country Club, June 12, the pool-side buffet included seafood newburg, roast beef, sliced turkey, ham, corned beef, potato salad, tossed salad, topped off with dessert. Door prizes were also awarded during the evening to Ed O'Neill and Jim Dillahant, who received blankets, and Shirley Baldwin, who won a radio. The pool inside the Cascade Room was available for swimming and the tennis courts open to the hearty ones.

"Sam" and his Swinging Band provided dinner music. And for those who weren't embarrassed to admit they remembered, Sam led the group in a few rousing jitterbug numbers. The bowling season has ended until September, but it ended with a splash.



Rocking to Sam and his Swinging Band, Vernon Truell and Pat McAdams dance up a storm.

Alvin Hylton croons to the beat of Sam and his Swinging Band.

The gang's all here — Roger Peterson, Mary Hennessey, Pat Hitchens, and Charlie Schraub.

Here is the Division B winning team — with victory written all over their faces: Richard Lee, Gail Graham, Nancy Howard, Bill Flatley, and Tom Porter.

In Division A, Jim Dillahant received the highest three strings and average for the year in men's category of Division A. Beverly Nickerson, center, received the women's highest singles and average, and Dave Colleran picked up Jim Bailey's cup for the highest men's singles.

Both Pat Dumont and Bill Laffey hold the highest singles, three strings and averages for the year in division B.

Paul O'Conner (left) received the highest three strings of the year in Division C and Hugh Sycamore had the highest singles. (The staff, also awarded to Mr. Sycamore, may come in handy on his farm in Millis.)

Pat Hitchens congratulates the winning team of Division A: (from left to right) Paul Case, Tom Leonard, Pat, Charlie Schraub, Jim Kresel.

Clutching their crying towels are the losing captains of all three divisions. Front row from left to right: Everett Nickerson, Jim Barr, Joan Mazza. Back row, from left to right, Bill Laffey, Jim Dillahant, Hugh Sycamore, Dave Colleran, Maryellen Coburn, and Mary Hennessey.

The winning team of division C gloats over their victory. From left to right, they are: Paul O'Conner, Shirley Baldwin, Pat, who presented the awards, Kathy McCrave and Pat Gleason.

The door prize winners receive their gifts from Pat Hitchens. From left to right they are: Ed O'Neill, Pat, Shirley Baldwin and Jim Dillahant.

SCORE'S UP!

DIVISION A

Team No.	Pinfall to date Incl. Handicap	Pts.
1—C. Schraub	45334	158
4—D. Colleran	45468	157
5—M. Hennessey	43447	153
2—J. Dillahant	43416	135
3—J. Barr	43117	111

High Singles	
S. Thomas	116
M. Hennessey	99
High Singles for Year	
J. Bailey	156
B. Nickerson	121
S. Nordstrom	121

High 3 Strings for Year	
J. Dillahant	372
J. Swanson	311
High Average for Year	
J. Dillahant	99
B. Nickerson	90

DIVISION B

Team No.	Pinfall to date Incl. Handicap	Pts.
7—G. Graham	43028	131
2—B. Laffey	44691	126
9—E. Nickerson	43720	107
8—M. Coburn	42452	94

High Singles	
B. Laffey	116
P. Dumont	96
High Singles for Year	
B. Laffey	130
P. Dumont	109

High 3 Strings for Year	
B. Laffey	336
P. Dumont	298
High Average for Year	
B. Laffey	96
P. Dumont	88

DIVISION C

Team No.	Pinfall to date Incl. Handicap	Pts.
10—P. Gleason	44603	137
11—C. Cox	42185	133
12—J. Masse	44528	126

High Singles	
M. Foley	100
S. Meek	111
High Singles for Year	
H. Sycamore	117
S. Meek	122

High 3 Strings for Year	
P. O'Connor	300
S. Meek	319
High Average for Year	
M. Foley	89
S. Meek	88

Dive in and join us in the fall

Ron Ruth, Pete Cataldo and Martin Miller (from left to right) dunk in the Sydney Hill Country Club pool.

Profile

(*Continued from Page* 1)

tute in Electrical Engineering and took courses at Franklin Tech in Electronical Drafting and received his State Electrician's License in 1931. Until 1938 when he took over as head of the Department, he worked as a Hospital electrician under Frank Paddleford.

As Department Head, each year has added new responsibilities. In 1938 the Hospital manufactured its own steam with two boilers in the basement of the old Deaconess building. Another boiler was installed in 1950 when the Central building was added. When the Joslin building was constructed in 1956, steam was piped underground between the Harvard Power Plant and the Deaconess.

The electronic equipment now used in the Hospital (unheard of 30 years ago) consists of cardiac monitoring, electronic microscope, zone control for heating and ventilating, nurse call voice systems, paging systems, televisions, radios, scanning systems — all have to be supervised and maintained by a staff of qualified technicians in the Engineering Department.

New techniques in heating and ventilating will be employed in the new Central addition, consisting of a Kathabar System for proper air humidification and a radiant panel ceiling which has chilled water pumped through it in the summer and hot water circulated during the winter to provide ideal temperature at all times for the patients' comfort. This equipment will require qualified personnel from the Engineering Department to operate and maintain. Laundry machinery, Dietary equipment, electric beds, elevators, air conditioners, controls, regulators, motorized valves, pumps, compressors, switchboards, power centers, are but a few items of critical equipment that have to be maintained. The structural portions of the buildings have to be kept in shape by painting, pointing of brickwork and roofing. Carpenters and masons are continually on the move as new partitions are required and old ones demolished to make space for new techniques.

Much of Mr. Sabine's time is taken up now with the construction of the Central addition. There are job meetings every other week with architects to iron out problems pertaining to the Department and its maintenance of the building when it is completed.

At home in Needham away from repairs and installations, Mr. Sabine lives with his wife who is a New England Deaconess Hospital School of Nursing graduate. A son and daughter and five grandchildren live in New Hampshire.

Trout and salmon fishing is a favorite sport on vacations at Lake Winnipesaukee. Boating is also a hobby and Mr. Sabine is an advanced pilot with the Boston Power Squadron. When the fish aren't biting, Mr. and Mrs. Sabine travel throughout the country and their collection of color photography is fast growing.

The NEDH School of Nursing Class of '44: front row, left to right, Margaret Putnam Moore, Phyllis Woodward Hynes, Pauline Willis McDonald, Barbara Hazlett Manter, Marjorie Cheever Allison, Emily West Sprague, and Marion Hutchins Bascom; back row, Mr. R. D. Lowry, Executive Vice President, Phyllis Benson Caron, Eleanor Cox King, Shirley Burke Kahler, Virginia Rich Dillman, Emily Oakes Golden, Winetta Adams Milligan, Hannah Clapham Conklin, and Ellen D. Howland, Director of Nursing.

Nursing Holds 25th Reunion

Still very much alive with the Deaconess tradition of spirit and enthusiasm, Mrs. Winetta Adams Milligan traveled the farthest distance from Youngstown, Ohio, to be on hand for her 25th class reunion of the New England Deaconess Hospital School of Nursing.

Participating in the June 6 festivities were fourteen members from the class of '44. They assembled in their one-time home — Harris Hall — to renew old friendships from their student days. Runner-up for the most children (seven) was Mrs. Marion Hutchins Bascom of Charlestown, N. H. Two of her children are pursuing careers in the medical profession.

The classmates gathered for a luncheon at the Riverview Restaurant. A service was conducted in the Arthur T. Dooley Chapel by Chaplain Curtis followed by a meeting with Mr. R. D. Lowry, Executive Vice President, and Miss Ellen D. Howland, Director of Nursing, in Harris Hall. The reunion class then toured the Deaconess complex and were amazed at the growth and development that have taken place since their student days.

A mid-afternoon tea at Harris Hall allowed the women to catch up on gossip. Several of those present are still active in the nursing profession. Mrs. Eleanor Cox King works part-time at Newton-Wellesley Hospital. Engaged in psychiatric nursing on a part-time basis, Mrs. Margaret Putnam Moore has taken two in-service psychiatric courses. Mrs. Phyllis Woodward Hynes has been on the staff of Mount Auburn Hospital in Cambridge for 15 years. After working as supervisor of obstetrics at Melrose Hospital, Mrs. Marjorie Allison is now a clinical nurse at Lahey Clinic. Mrs. Hannah Clapham Conklin combines the position of office nurse to a doctor with the activities of a minister's wife such as directing two bell choirs, serving as choir member; and Sunday school teacher. After a stint in the Army, where she took a course at the Neuropsychiatric Training Center in Framingham, Mrs. Marion Hutchins Bascom did little nursing until the past three years, when she began working part-time at the hospital in Bellows Falls, Vermont. Mrs. Emily West Sprague is a head nurse in South Paris, Maine, and is active in an R.N. club.

Bringing the reunion to a close was a dinner held at the Longwood Towers.

Miss Ellen D. Howland, Director of Nursing, pins a corsage on Mrs. Margaret Putnam Moore at the 25th New England Deaconess Hospital School of Nursing Reunion.

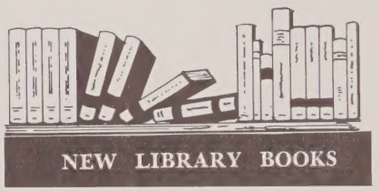
Celebrating their new residency at the Deaconess are the following doctors: front row, left to right: Berinder Khana, Arlene Gwon, Michael Greenwald, Barbara Shepps, John Grossman; back row, left to right: John Ohman, "Chief" Jens Touborg, Michael Armstrong, Ahmed Mohiuddin, C. Wesley Thum, Nicholas Bianco, Georg Riedler, Jon Schulason, C. Pat, Richard Parry, Winston Wong.

Mr. Lowry Elected To Hospital Positions

The Deaconess' Executive Vice President, Mr. R. D. Lowry, has been elected president of the New England Hospitals Superintendents' Club and assistant treasurer of the National League for Nursing.

As president of the New England Hospital Superintendents' Club, Mr. Lowry will preside over members representing 56 hospitals in New England who meet monthly to exchange ideas and views on matters of interest to all of them.

As assistant treasurer of the National League for Nursing, he will be an officer of an amalgamation of nursing organizations and national committees with 23,000 individual members and 1,800 agency members. The League works to improve nursing service and education through its members — a broad spectrum of people and organizations devoted to bringing good nursing to the nation.



FICTION:

The Gold and Silver Hooks
Ruth Moore. Saga of a New England pioneering family.

Child's Play
Kate Christie. A psychological suspense novel for those who enjoyed *The Collector.*

Pictures of Fidelman
Bernard Malamud. Six stories, or pictures of the artist, invite a retrospective look at the author's own works.

The Death Committee
Noah Gordon. Drama in a Boston hospital setting.

The Passenger on the U
Claude Aveline. Mystery.

NONFICTION

Twelve Cities
John Gunther. A stimulating and entertaining "inside" look at some of the world's most interesting cities.

Hex
Arthur H. Lewis. A spell-binding account of witchcraft and murder in Pennsylvania.

Sittin' Starin' 'N Rockin'
Thomas E. Saxe, Jr. The rocking chair is promoted as the most therapeutic article of furniture ever invented.

BIRTHS

To Mr. and Mrs. Dean Annis, Controller, of Wollaston, a son Douglas Walter, June 29.

To Mr. and Mrs. Charles Rathbone of Cambridge, a son Nicholas Charles, June 6. Pat Rathbone was formerly employed in the Personnel Department.

Mrs. Edith Wetterlow Retires

Surrounded by well-wishing co-workers, Mr. Lowry and Miss Howland present Edith Wetterlow with gifts at her retirement tea.

When friends inquire about her future plans, Mrs. Edith Wetterlow kiddingly says, "I'm going to sit in my rocking chair for six months and then start to rock."

Her friends gathered in the Harris Hall living room to attend a tea in honor of her retirement June 27 after 21 years at the Deaconess. Miss Howland, Director of Nursing, cited a quote from Whitman's poem, "The Great City." "'A great city is that which has the greatest men and women;' and we think we can say the same about a great hospital — we think you are one of the greatest!" Then Miss Howland gave her the book *Great Companions* and a gift of money from her fellow employees.

Mr. R. D. Lowry, then presented Mrs. Wetterlow with a pearl bracelet from the Hospital, praising her because she "typifies the best tradition of nursing at the Deaconess."

Mrs. Wetterlow graduated from the Deaconess School of Nursing and worked in the Admitting Office until her marriage. She returned to the Deaconess May 3, 1948 to work in Employees Health and then did some relief in the nursing office. She eventually became a Nursing Supervisor in Baker and later on she moved into Administrative work. At the time of her retirement she was the second assistant to the Nursing Director.

Mrs. Wetterlow has now moved to Goffstown, N. H., where she plans to relax and enjoy a leisurely retirement.

Tom Porter Promoted

Tom Porter's career at the Deaconess is on the move. He has been promoted to Assistant Department Head of the Service Coordination Department under Mr. Campisano.

Tom received his BA in economics from Boston College in June '68. During his senior year he was an assistant night administrator at the Hospital. During the past year Tom has been active in the hospital Job Evaluation Project. As part of this project he has written over 100 job descriptions and assisted in the evaluation of positions at all levels of the Hospital.

As an assistant Department Head, Tom will assume a major portion of the operational responsibility in Service Coordination.

Tom is furthering his education as an evening graduate student in Boston University's Master of Business Administration program.

Mr. Lee Accepted In ACHA Society

Mr. Richard E. Lee, Director of the New England Deaconess Hospital, will be advanced to membership status in the American College of Hospital Administrators on Sunday afternoon, August 17, at a convocation ceremony to be held in the Auditorium Theatre in Chicago, Illinois.

The professional society's 35th annual convocation marks the opening of the ACHA's annual meeting, traditionally held in conjunction with the convention of the American Hospital Association.

At the same convocation ceremony, the ACHA will confer its highest commendation, Honorary Fellowship, upon two distinguished leaders who have contributed much to the improvement of health care in this nation. They are John F. McCreary, M.D., Dean of Medicine, University of British Columbia, Vancouver, B.C., Canada and Vergil N. Slee, M.D., Director, Commission on Professional and Hospital Activities, Ann Arbor, Michigan.

The ACHA is a professional society comprised of more than 7,000 of the leading hospital and health care administrative personnel in the United States and Canada.

Engagements

Miss Rebecca D. Bieber, nursing student at the NEDH, to Robert E. Marsh, a student at the Norwich University in Northfield, Vermont.

Miss Mary Ellen Coburn, a Licensed Practical Nurse, to Mr. James J. Kresel, employed by the NEDH.

Miss Jacquelyn Elaine Plummer, a surgical assistant trainee at the NEDH, to Clinton A. Norton, who will attend the Boston Architectural Center.

Doctors doings

Dr. Menelaos A. Aliapoulios, Associate Staff, General Surgery, lectured on "Thyrocalcitonin" to the Prietly Society (Mayo Clinic), June 16. On June 30, he presented a paper, "Mode of Independent Action of Glucagon and Calcitonin," to the ACTA Endocrinologic Congress in Stockholm, Sweden, and on July 24, at the Second International Symposium of Calcitonin and the C Cells in London, he presented "Specific Localization of Calcitonin in Human Thyroid Glands." Two articles he coauthored have been published: "Thyrocalcitonin Activity in Metastic Medullary Thyroid Carcinoma" in the *Archives of Internal Medicine,* and "Human Thyrocalcitonin" in the *American Journal of Surgery.*

Dr. Joseph B. Dowd, Active Staff, Department of Surgery, presented a paper to the American Medical Association in New York City, July 14, entitled "Family Physician's Role in Management of Testicular Tumors."

Dr. Constantine J. Maletskos, Senior Associate at the Cancer Research Institute traveled to the International Atomic Energy Agency, Vienna, Austria, in May for the Consultants Meeting on Forensic Activation Analysis. He also presented the following papers: "Activation Analysis in Biology and Medicine" at the University of Californa, Davis; "Nuclear Science and the Law" on May 27 to the Western Regional Hospital Board, Glasgow, Scotland; and "Preliminary Studies in the Characterization of Human Tissue by Trace Elements Using Activation Analysis" at the 5th International Meeting of Forensic Sciences, Toronto, Ontario, Canada, June 10.

Dr. W. Bradford Patterson, Active Staff, General Surgery, used video tapes made at NEDH to illustrate clinical problems when he lectured on "Current Cancer Management" May 24, at St. Vincent's Hospital in Worcester. He has also been appointed a director of the Post-graduate Medical Institute.

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pulse

The New England Deaconess Hospital Complex, including the Medical Office Building at One Ten Francis Street, Lahey and Overholt Thoracic Clinics, the Joslin Diabetes Foundation, Inc., the Cancer Research Institute and the Shields Warren Radiation Laboratory, is internationally known for diagnosis, treatment and research in general medicine, brain and chest surgery, cancer and diabetes.

PULSE is published monthly by the Public Relations Department of the New England Deaconess Hospital.

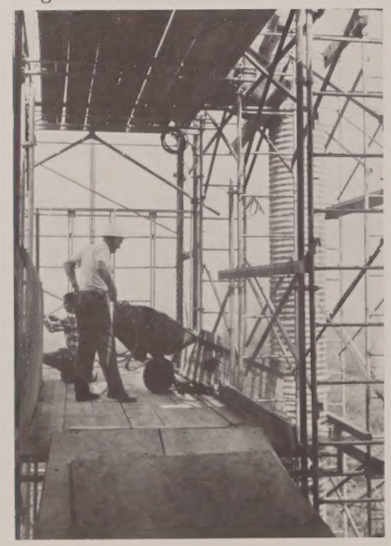
R. D. Lowry
Executive Vice President

Richard E. Lee
Director

Evans F. Houghton
Public Relations Director

Jane Tarbox
Public Relations Assistant

WHERE ALL THE NOISE COMES FROM — See Construction pictures, Page 1.



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